

Somerset Sexual Health Integration Project

The Somerset sexual health integration project is launched and we need you to help us get things right



Engagement document

Your feedback will be used to inform decisions on sexual health services provided in the community and where and how the care will be accessed.

Introduction

If sexual health is part of your life in any way, and for more than 250,000 men and women in Somerset it is, then you probably have used or thought about using our services. This might be in relation to contraception, screening for sexually transmitted infections, exploring options and help for unplanned pregnancy or getting help or advice about safer sex practices.

An electronic version of this document can be found on our Trust website at www.somerset.nhs.uk/sexualhealthservices.

Responses should be provided from the patient perspective and will inform decisions on what types of care will be provided in the community, and where and how the care will be accessed.

The engagement process will continue for a minimum period of six weeks and replies to the questionnaire must be returned to Somerset Primary Care Trust by **Monday 23 February 2009**.

Please forward your replies and comments to:

Freepost RRKL-XKSC-ACSG
Sexual Health Services Engagement
Associate Director of Public Involvement
Somerset Primary Care Trust
Wynford House
Lufton Way
Yeovil Somerset BA22 8HR

or email: sexualhealthservices@somerset.nhs.uk

The results from this survey will be considered by the Somerset Primary Care Trust Board and the Boards of both Taunton and Somerset NHS Foundation Trust and Yeovil District Hospital NHS Foundation Trust.

The results will be published on the Somerset Primary Care Trust website www.somerset.nhs.uk in March 2009.

Thank you for taking time to give us your views.

Why Change?

Somerset Primary Care Trust commissions and provides a variety of sexual health services from Somerset Community Health in venues such as district hospitals, clinics in the community and GP surgeries.

The Primary Care Trust identified in its Sexual Health Strategy (2005-2008) the need to develop integrated sexual health services across the county in line with the direction described in the National Strategy for Sexual Health and HIV in 2001. This Strategy is available on the Somerset Primary Care Trust website at www.somerset.nhs.uk.

In January 2006, the Department of Health published the White paper “Our Health, Our Care, Our Say” – ‘A New Direction for Community Services’. This identified three key themes which are:

- To give more people control of their own health and care
- Enabling and supporting health, independence and wellbeing
- Providing rapid and convenient access to high quality, cost effective care closer to home.

In 2007 a sexual health service specification was written by the Primary Care Trust. This specification sets out the long-term vision for a local integrated sexual health service. The specification describes a three tier model of delivery with an escalating range of sexual health and contraceptive services available at each level. It scopes current provision, considers the demographics of the population, addressing areas of high need and identifies suitable geographic locations to ensure equity of access. The Strategic Framework for Improving Health in the South West 2008-2011 reinforces this programme of work.

An investment in the service will mean that sexual health services in the county are more accessible, and there are more long term health improvements.

What the integration of services aims to achieve

The providers of the integrated sexual health services will need to achieve national standards as described in The National Strategy for Sexual Health and HIV. These standards include:

- A 'one stop shop' that can offer help with contraception, screening for sexually transmitted infection, safer sex practices, advice about unplanned pregnancy and many more related issues in a single clinic
- An increase in the percentage of people being seen within tier 3 Genito Urinary (GU) within 48 hours of requesting an appointment
- All people attending tier 3 Genito Urinary clinics to be offered screening for HIV at their first attendance
- A fall in the rate of unplanned pregnancies for people under the age of 18
- An increase in the percentage of Chlamydia screening of the sexually active population aged 15 to 24

The services will also need to provide:

- A more cost effective model of service delivery
- An increase in the skills and knowledge of the staff working in the sexual health service

The specification for the service was developed by the Somerset Sexual Services Local Implementation Team which includes members from community organisations.

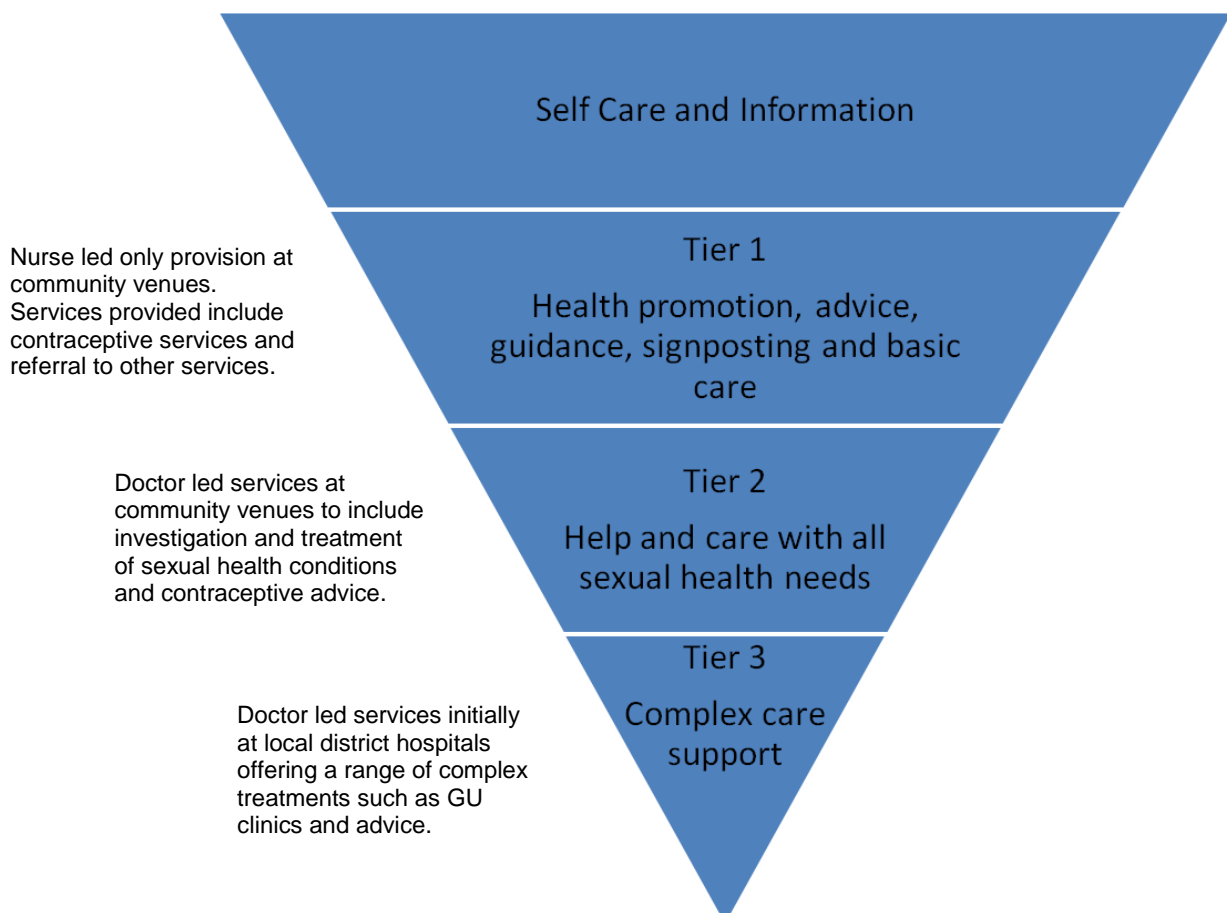
These services are to be provided in areas where there is the greatest need as identified through health profiling.

Vision

Somerset Primary Care Trust is committed to the provision of high quality accessible care to all people in Somerset. The Trust wants services to be provided close to where service users live or work in a personalised, responsive, holistic way that takes account of the way people live their lives.

The Trust is aiming to move towards an integrated model of care for sexual health services, with an increased focus on prevention, early intervention and self care delivered. Where possible, services will be provided in the community, with the client at the centre of their care and in control of their own sexual health management.

Model of Care for Sexual Health Services



Benefits for patients

- Easier access to advice and help for sexual health services
- A range of different sexual health issues will be addressed in one clinic
- More people coming forward for advice and help with their sexual health
- More choice for people in deciding where they want to be seen
- Quicker access to sexual health services so people can be seen when they need to access the service
- A reduction in unplanned pregnancy rates especially for people under 18
- More sexually transmitted infections identified and treated helping people to look after their fertility
- Reduced stigma and embarrassment previously associated with sexual health

Benefits for staff

- Care pathway in place that maximises the use of tier 3 services expertise to focus on complex cases
- Professional development and staff satisfaction
- Increased capacity and capability to meet the needs of increasing numbers of clients
- Improved quality assurance

What's your view?

We need to hear from women and men of all ages who have used sexual health services in Somerset or who might want to at some time in the future.

One of the first parts of the project that we want to ask your views about is the development of eight 'one stop sexual health clinics' sited across Somerset. These clinics would provide a range of help to include some of the following:

- Advice and supply of a wide range of contraceptives
- Screening
- Testing and treatment for sexually transmitted infections
- Advice and referral for unplanned pregnancy
- Guidance and referral to specialist services for complicated cases

These clinics will be in addition to the help some GPs already provide for sexual health services and the Genuo Urinary clinics offered in hospitals.

There will be over 20 sessions per week delivered across the county in different venues in the towns detailed below.

Part of this engagement process is to find out what opening times work best for most people. We expect some sessions to be available both in the evenings and at weekends in most venues.

The new service will build on some clinics that already exist but extend the services they provide, as well as offering an increased number of clinics at an increased number of venues. The towns listed below will provide a number of these new clinics. These will be in:

- Bridgwater
- Chard
- Frome
- Glastonbury
- Minehead
- Taunton
- Wincanton
- Yeovil

We want to find out from you some ideas about the best way to provide these clinics. The answers to the questions posed will influence the development of the services. It is important we have your views on where the services will be delivered from and the preferred opening times of the clinics.

If you are willing to take part, please answer the six short questions on the next page. You can also answer the questions on line at www.somerset.nhs.uk/sexualhealthservices.

If you would like to talk to someone about our proposals you can come and visit us at one of the eleven drop in sessions mentioned below.

You can also ask for a member of the project team to come and talk to a group or organisation by telephoning 01935 385020.

Venue	Date	Time
Bridgwater College	26 January 2009	9.30 am – 12.30 pm
Bridgwater – Morrisons car park	26 January 2009	1.30 pm – 4.00 pm
Minehead – please phone 01935 385020 for details	29 January 2009	10.30 am – 3.30 pm
Frome – Cattlemarket car park	30 January 2009	9.30am – 12.00 pm
Wincanton – please phone 01935 385020 for details	30 January 2009	1.30pm – 4.00 pm
Glastonbury – please phone 01935 385020 for details	3 February 2009	9.30am – 12.00 pm
Chard – Guildhall, Fore Street	3 February 2009	1.30pm – 4.00 pm
Yeovil College	5 February 2009	9.30am – 12.30 pm
Yeovil town centre – please phone 01935 385020 for details	5 February 2009	1.30pm – 4.00 pm
Somerset College of Arts and Technology, Taunton	11 February 2009	9.30am – 1.00 pm
Taunton – ASDA car park	11 February 2009	1.30 pm – 4.00 pm

Improving sexual health services for people in Somerset – give us your views

Question 1

Which type of location do you think you may feel most comfortable visiting for sexual health services? (please tick as many as you want)

- A clinic held in a GP surgery
- A clinic held in an NHS building that only provides sexual health services
- A healthy living centre
- A citizen's advice bureau
- A leisure or sport centre
- A pharmacy

Somewhere else? (please write your idea below)

Question 2

Would you prefer to visit a clinic that is: (please tick one only)

- Near the same town/place that you live
- Near the same town/place that you work
- Away from the town/place you live
- Away from the town/place you work
- Don't mind

Question 3

Would you prefer to have separate clinics for: (please tick one only)

- Men only
- Women only
- Mixed
- Young people (such as those under the age of 25)
- Don't mind

Question 4

Would you prefer to be seen by a doctor or nurse who: (please tick one only)

- Only sees you for things about your sexual health
- Sees you for your general health issues
- Don't mind

Question 5

What time of day would it be most convenient for you to visit a sexual health clinic? (please tick as many as you want)

- Between 8.00 am and 9.00 am
- Morning 9.00 am to 12.00 pm
- Between 12.00 pm and 2.00 pm
- Afternoon 2.00 pm to 5.00 pm
- Between 5.00 pm and 8.00 pm
- Don't mind

Question 6

When would you be more likely to visit a sexual health clinic? (Please tick one)

- Monday to Friday
- Saturday
- Sunday
- Don't mind

If there is anything else you would like to add please use the space below.

Thank you for taking the time to answer these questions. We can't promise that we can provide everything that everyone asks for but we will do our best to take into account the things that you tell us are important.

A Bit About You

Somerset Primary Care Trust is committed to providing equal access to healthcare services to all members of the community. To help us achieve this, the information we can gather from your answers to the following questions will help us improve the delivery of local health care as well as identify any groups of people who are not accessing our services.

Responding to these questions is entirely voluntary on your part and any information you provide is anonymous.

1.	Age – how old are you?	13 – 18	<input type="checkbox"/>	19 – 24	<input type="checkbox"/>	25 – 34	<input type="checkbox"/>
		34 – 44	<input type="checkbox"/>	44 or older	<input type="checkbox"/>	Prefer not to say	<input type="checkbox"/>
2.	Gender – are you:	Male	<input type="checkbox"/>	Female	<input type="checkbox"/>	Prefer not to say	<input type="checkbox"/>
3.	Sexual Orientation	Hetrosexual	<input type="checkbox"/>	Homosexual			
		Bisexual	<input type="checkbox"/>	Male	<input type="checkbox"/>	Female	<input type="checkbox"/>
		Not sure	<input type="checkbox"/>	Prefer not to say			<input type="checkbox"/>
4.	Ethnic group:	White	<input type="checkbox"/>	Mixed			<input type="checkbox"/>
		Asian or Asian British	<input type="checkbox"/>	Black or Black British			<input type="checkbox"/>
		Chinese or other ethnic group not stated	<input type="checkbox"/>	Prefer not to say			<input type="checkbox"/>
5.	Where you live:	Please give the first three letters of your postcode or write down the name of the nearest town you live in _____					
		Prefer not to say	<input type="checkbox"/>				
6.	Have you used a sexual health service in Somerset within the last two years?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	Don't Know	<input type="checkbox"/>
		If your answer to question 6 is yes, please tick which type of service this was:					
		Contraceptive/family planning clinic					<input type="checkbox"/>
		Help from your own GP					<input type="checkbox"/>
		Help from a GP practice you don't visit for general health concerns					<input type="checkbox"/>
		A GUM clinic (genito urinary medicine clinic)					<input type="checkbox"/>

NHS Somerset
Wynford House
Lufton Way
Lufton
Yeovil
Somerset
BA22 8HR

Tel: 01935 384000
Fax: 01935 384079

www.somerset.nhs.uk